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## Evenly matched squads wage 'Three-Day War'

Story and photos by **SGT. HILLARY RUSTINE** 3rd Brigade Combat Team 25th Infantry Division Public Affairs

KAHUKU TRAINING AREA — Looking out

if the swaying of the trees was the breeze or Soldiers silently approaching through the treacher-

ous territory. Warriors of 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team,

conducted a "Three-Day War," a squad force-onforce training exercise, Nov. 13-16.

"The event is designed to evaluate the squad leader's ability to synchronize the actions of his fire teams, operate within the commander's intent and dynamically adapt to unforeseen cir-2-27th Inf. Regt., 3rd BCT.

based activities to train for low-light and uneven landscape patrols.

"Squad leaders are receiving the same mission, and briefed that the opposing squad is the enemy. Each lane consisted of looking for high-



Spc. Timothy Adams (right) points out possible enemy targets to Pvt. Rodrigo Jimenez during a realistic squad vs. squad "Three Day War" exercise, Nov.15. Both "Wolfhounds" are in Co. A, 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID.

## Alpha 307th set to tackle Afghanistan signal mission

Story and photo by CRISTA MARY MACK

311th Signal Command (Theater)

HELEMANO MILITARY RESERVATION -Friends and family members of Company A, 307th Expeditionary Signal Battalion, 516th Signal Brigade, 311th Signal Command (Theater), gathered to bid farewell to Soldiers at a deployment ceremony, here, recently.

The ceremony officially announced the signal company's deployment to Afghanistan in support of Operation Enduring Freedom; it was officiated by Col. Scott Baer, commander, 516th Sig. Bde., and Lt. Col. Scott Bird, commander, 307th ESB.

"Alpha Company is a superb unit," said Baer. "I am as confident in their abilities today as I will be tomorrow, and for the 270 days that they'll have in Afghanistan.

"Together they will accomplish their mission on time and to standard," he added, "regardless of the difficulty."

The unit was notified in June of its upcoming nine-month deployment, and has been training and preparing since, transitioning from supporting U.S. Army-Pacific's Theater Security Cooperation Program to preparing for combat

See SIGNAL A-6



Capt. Robert Bergdorf (left), company commander, and 1st Sgt. Derek Davis, both of Co. A, 307th ESB, case the unit's colors, officially symbolizing the unit's deployment to Afghanistan, during a ceremony, Nov. 16.

### 196th trains next Forward 8

CAPT. SHIGENOBU MORINAGA

Support Battalion, 196th Infantry Brigade U.S. Army-Pacific

FORT SHAFTER — Soldiers of the 29th Brigade Combat Team are prepped to deploy to the Philippines in support of Operation Enduring Freedom.

There, they will serve as a Forward 8 security platoon, or FWD8, and put into practice the intense marksmanship and other training they received from observer-controller/trainer-mentors, called OC/TMs, of the Support Battalion, 196th Infantry Brigade, U.S. Army-Pacific.

The Soldiers are slated to soon replace another 29th BCT security platoon currently in support of the Joint Special Operations Task Force.

During team week, OC/TMs focused specifically on training objectives of teamlevel tactics, leadership and the basics for future squad- and platoon-level operations.

Events executed during the week included short-range marksmanship training, which required precision shooting, discrimination and movements; a long-range marksmanship exercise, which required Soldiers to engage targets at 500 meters with iron sights; a stress shoot event, which pushed Soldiers to their physical limitations and forced them to immediately begin precision shooting; a non-standard casualty evacuation procedure, completed within a multifaceted open terrain course; and a rotary wing operation on Wheeler Army Airfield with Hawaii Army National Guardsmen from Company B, 1st Battalion, 171st Aviation Regiment.

As a result of the experience and exceptional training provided by the 196th Inf. Bde.'s OC/TMs, the OEF-P (FWD 8) security platoon made significant gains in cohesiveness to prepare for the final training exercise and, ultimately, the deployment.

"For example, I increased my physical fitness and marksmanship skills," said Pfc. Jeremy Kaneshiro, 29th BCT security platoon team member, who won the longrange and stress shoot competitions. "I'm a lethal asset with my rifle at any distance."

The OEF-P (FWD 8) deployment departure ceremony is scheduled Dec. 2, at the 3301st Parade Field, Area X, Schofield Barracks.



Support Battalion Public Affairs

Trainers with 196th Inf. Bde. prepare the next Forward 8 security platoon deploying for OEF-Philippines in team live-fire exercises, recent-

#### **POTUS** on line one! | A-2

Downrange Soldier gets a call from President Obama.

#### Combative medic | **A-4**

TAMC pediatrics NCO advocates for intense handto-hand combatives.



#### **Pearl Harbor** events | B-1

Date that will live in infamy to be commemorated.



#### Zombies! | B-6

Go running with the walkers ... or is it running from the walkers?

## We want to hear from you...

The Hawaii Army Weekly welcomes articles from Army organizations, announcements from the general public about community events of interest to the military community, and letters and commentaries.

If you have newsworthy ideas or stories you'd like to write, coordinate with the managing editor at 656-3156, or e-mail editor@hawaiiarmyweekly.com.

The editorial deadline for articles and announcements is the Friday prior to Friday publications. Prior coordination is mandatory.

Articles must be text or Word files with complete information, no abbreviations; accompanying photographs must be digital, high resolution, jpeg files with full captions and bylines.

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## 17 days since last fatal accident

Number represents fatal accidents as defined by Army Regulation 385-10, which is inclusive of all active component U.S. Army units and personnel. Current as of 11/29/12.

#### **CALL FROM THE PRESIDENT**



Sgt. Daniel Schroeder | 25th Combat Aviation Brigade Public Affairs

KANDAHAR AIRFIELD, Afghanistan — Staff Sgt. Jose Pantoja, a flight medic with Company C, 3rd Battalion, 25th Aviation Regiment, 25th Combat Avn. Brigade, receives a phone call from President Barack Obama, while at work, here, on Thanksgiving Day, Nov. 22.

Obama called Pantoja to thank him for his service and express how difficult it must be for him to be separated from his family during the holidays. Pantoja was selected to receive the call as a result of his actions during a medevac mission where he saved nine U.S. service members who had received severe injuries from an improvised explosive device blast.

#### BACKTOBASICS

## NCOs mentor tomorrow's leaders with basic principles

**COMMAND SGT. MAJ. JOHN MIYATA** 3302nd Mobilization Support Battalion,

3rd Mobilization Support Group, 9th Mission Support Command Soldiers enlisting in the Army

10 years ago, and much different than the ones 27 years ago when I enlisted. As the deployment cycle winds down and we return to the garri-

today are different than the ones

down and we return to the garrison, we must indeed get back to the basics and take the time to mentor our young Soldiers. Many of today's Soldiers com-

pleted their initial military training and deployed straight into theater; some of them have

served multiple overseas tours.

The basics back in the day were getting out of the assembly hall and conducting drill and ceremony, "hip

Miyata

pocket" training, in-ranks inspections, land navigation and learning to operate the PRC 77 radio.

But most important, the basic fundamental that we

seemed to have lost over the years is taking the time to sit with Soldiers, talking to and mentoring them.

Take the time to map out your Soldiers' careers and ex-

plain the milestones they'll need to achieve them, and give them a plan to follow. Provide them with lessons learned from your career and advice on how to do things better. Teach them special skills that they may use as they

move to staff level positions, such as the military decisionmaking process and staff action planning. Get to know your Soldiers and their families, and see what you can do to help them play a big part in their

what you can do to help them play a big part in their Army careers. Have them be involved in the unit's family readiness group and be a part of the military family. As we progress in our careers as noncommissioned officers, we accumulate a wealth of knowledge and experience over years of deployments, exercises and training

missions. The Army spends millions of dollars training us

to be proficient in our warrior and military occupational skills.

Many Army Reserve Soldiers bring additional skills and talents from their civilian professions. When these skills and talents are combined, you end up with a high-

ly skilled NCO capable of training tomorrow's leaders.
As an Army Reserve citizen-Soldier, I'm faced with seeing my Soldiers only 40-50 days out of the year. Of those precious training days, we have to use every hour and minute to maximize training, and still find time to provide for counseling and mentorship.

As the new command sergeant major of the 3302nd Mobilization Support Battalion, it will be a priority of mine to ensure not just Soldiers' well-being, but to use my experiences and knowledge to set them up for success in

their future careers.

The Army Noncommissioned Officer Guide, FM 7-22.7, para. 5-37, states, "Mentorship is demanding business, but the future of the Army depends on the trained and effective leaders whom you leave behind. Sometimes it requires you to set priorities, to balance short-term readiness with long-term leader development.

"The commitment to mentoring future leaders may require you to take risks," the guide continues. "It requires you to give Soldiers the opportunity to learn and develop them while using your experience to guide them without micromanaging.

"Mentoring will lead your Soldiers to successes that build their confidence and skills for the future. The key to mentorship in the U.S. Army is a sustained relationship that may last through the entire career of a young Soldier, even into retirement," the guide explains.

The basic principles of military leadership are tried and true. I use the basic fundamental of "Be-Know-Do" and the seven core Army values in my daily life. I use them with my sons, my Boy Scouts and my employees.

Let's get back to using basic principles with our Soldiers



Photo courtesy 9th Mission Support Command Public Affairs

Master Sgt. Fa'amanu Teofilo provides guidance to Pvt. Dilikan Santos during a recent field training exercise. Both are with 4960th Multifunctional Training Brigade, 9th Mission Support Command.

## FTTSTEPS in FAITH

# We retain resilient families

**CHAPLAIN (MAJ.) CHRIS WILSON** Schofield Barracks Family Life Chaplain

"We don't retain Soldiers; we retain families."

You may have heard this phrase before, but I didn't until 2006 when I worked for a battalion commander.

At that time, as a father of three children, I completely agreed. Since then, I've



VVIISOII

added a few more children to my family and that phrase has personally become more important than ever to me.

Professionally, as a Family Life chaplain, I have seen the affects of military service and obligations on families. As we come out of 10-plus years of combat with repeated deployments, many families are tired. Military families have faced many chal-

lenges and obstacles that the civilians out in the non-military workforce haven't.

For some time, the buzzword in the Army community has been resiliency, which I define as the ability to recover or adjust to change. I know that this word has been a bit overused, but the reality is, resilient Soldiers and families are needed in our Army.

As a counselor, I set goals with people who come to see me. I don't usually define the goals; I just facilitate my counselee's development of their goals. Once we develop goals, we then seek to develop certain objectives to meet that goal.

For you and your family, whether or not you are in need of counseling, let me encourage you to set a goal for your family that includes the notion of resiliency. Once that has been written out or discussed, then figure out certain objectives to meet that goal. Here are a few objectives to consider:

First, maintain a healthy relationship with your children. Healthy relationships are accomplished by spending time with your children. Do things that they're interested in, like establishing a routine event that you and your family do on a weekly basis. For example, I know some families who play a game night every Friday night.

Second, try to eat dinner together as much as possible. Research says that the family dinner meal is the most important meal of the day. During that meal families can discuss what is going on with school and other things in their lives. The family meal also fosters a time where your children can ask you things, as well.

Third, if you have multiple children, set time aside for each one to have alone time with you. You could take them to lunch or have a dinner date with them.

Fourth, if possible, once you leave work, leave your problems at work. Don't allow your bad day to shape your attitude at home. Your attitude will be the lens through which you will view actions at home. This separation from work is a hard task to accomplish, but with planning and discipline, you can begin to develop this ability.

These are just a few thoughts on how to be a resilient family. Keep in mind that resiliency has to be planned out. If you aim at nothing, you will hit nothing.

If you plan to continue to serve, be creative in ways to help your family maintain as much resiliency as possible. Develop a goal to be a resilient family, state your objectives to meet that goal and, when you are struggling, seek professional help.

Chaplains are assigned to most units and have the skills to help you develop those goals.

May God bless you on your journey!

## Voices Chana

December begins National Drunk and Drugged Driving Prevention Month.

How will you stay safe driving during the holidays?

 $Photos\,by\,8th\,Theater\,Sustainment\,Command\,Public\,Affairs$ 



"Ensure everyone is buckled into their seatbelts"

Sgt. Melissa Galloway 13th MP Det., 728th MP Bn., 8th MP Bde.



"Take the keys if they are drinking."

Spc. William Galloway 2nd SBCT, 25th ID



drive and give her guidance along the way."

"I'll let my wife

Master Sgt.
David Kenner
HHC, 8th MP Bde.



every direction of traffic."

"Stay aware of

Spc. Alexis Orto

HHC, 8th MP Bde.



drive, and obey all road signs."

""Don't drink and

Spc. Temecia Scott 540th QM, 524 CSSB, 45th Sust. Bde.

## **USPS** gives dates for downrange

UNITED STATES POSTAL SERVICE

News Release

WASHINGTON — Ensuring care packages arrive in time for the holiday season is a priority for friends and family members of military personnel serving around the

To help get packages on their way, the U.S. Postal Service offers a discount on its largest priority mail flat rate box at a price of \$13.45. The price includes a \$2 per box discount for military mail being sent to APO/FPO/DPO (Air/Army Post Office, Fleet Post Office, Diplomatic Post Office) destinations worldwide.

In addition to a lower cost per package, customers can be assured that shipping with USPS will provide reliable, trusted and secure delivery to military personnel stationed anywhere in the world.

Priority mail flat rate boxes are available at no cost at local post offices, or can be ordered online at shop.usps.com. Postage, labels and customs forms can be printed online anytime using Click-N-Ship.

Priority mail is the packaging of choice for families preparing care packages for service members overseas; therefore, USPS created a free "Military Care Kit" based on the items most frequently requested by military families.

The kit contains the following:

- •Two priority mail APO/FPO flat rate
- •Two priority mail medium flat rate box-
- •Priority mail tape,
- •Priority mail address labels, and
- Appropriate customs forms.

To order the kit, call 1-800-610-8734. Guidelines for packing, addressing and shipping items to U.S. troops can be found at www.usps.com/ship/apo-fpo-guide lines.htm. To order flat rate boxes featuring the "America Supports You" logo, go to store.usps.com.

Other options are surface airmail, or SAM; parcel post; and parcel airlift, or PAL.

•SAM parcels are first transported domestically by surface and then to overseas destinations by air on a space-available ba-

•PAL provides air transportation for parcels on a space-available basis; PAL is available for parcel post items not exceeding 30 pounds in weight for 60 inches in length and girth combined. The applicable PAL fee must be paid in addition to the regular surface rate of postage for each addressed piece sent by PAL service.

Mail addressed to military post offices overseas is subject to certain conditions or restrictions regarding content, preparation and handling. APO/FPO/DPO addresses generally require customs forms.

The Postal Service receives



no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

#### **Postal Deadlines**

Send mail downrange as follows:

- •Dec. 3, for 1st Class/Priority to 093. •Dec. 10 for all other APO/FPO ZIPs.
- •Dec. 17 for all Express, excluding 093
- ZIP codes.

## DEPLOYED FORCES

## R&R is 'Chicken Soup' for 25th CAB souls

Part Two of the two-part series sneaks a look at family connections

CAPT. RICHARD BARKER 25th Combat Aviation Brigade Public Affairs

KANDAHAR, Afghanistan — While many families plan rest and relaxation, or R&R leave, around special events, such as anniversaries and children's birthdays, sometimes other events bring their loved ones home.

R&R stories shared by Soldiers of the 25th Combat Aviation Brigade are priceless gems.

#### **Essential Support**

Such was the case for Gerri Armstrong and her 15-year-old daughter Kyra, who needed

their husband and father — Chief Warrant Officer 3 Roger Armstrong, Company C, 3rd Battalion, 25th Avn. Regiment, 25th CAB — home during an emotionally frightening time.

Their daughter was diagnosed three years earlier with a bone tumor located on her right femur that caused constant pain. Although most of the tumor was successfully removed while Roger was deployed, doctors decided it was time to remove what remained.

Roger knew that he needed to be next to his daughter during her surgery.

"I went on R&R on 27 May and arrived in Oahu, June 1," said Roger.

The surgery was scheduled for the morning of June 4.

"She had got her driver's permit a few weeks prior to me coming home, and she was very excited to pick me up from the airport," explained

Roger. "It was her first time driving on H-1; she did amazing."

They spent the weekend just driving around the North Shore, which was all Kyra wanted to

The surgery took about 3 1/2 hours and was a success. Kyra remained in the hospital for five days of recovery.

"Once she got home, I spent my time making sure she was comfortable," said Roger. "We ordered her a wheelchair, and she slept in the recliner in the living room since going up the stairs wasn't an option."

Roger's R&R ended one short week after his daughter returned home.

"I had originally planned my R&R so that I would be home for her 16th birthday," said Roger, "but I am happy I was able to get home to be there for her while she was having the proce-

#### A Wonderful Mistake

Sarah Powers was busy getting ready to pick up her husband, Sgt. Randall Powers, 209th Avn. Support Bn., 25th CAB, from the airport when their 6-year-old son missed the school

"I decided that I was going to take him to the airport to pick up daddy," said Sarah.

Their son, who is autistic with a speech impediment, hadn't seen his father in nine months. His birthday was the day before his father returned home.

"All of the sudden, our son saw his daddy before I did," explained Sarah.

Their son talked to his father from the time they got into the car, all the way to their house, and they continued talking at home until they both worked themselves into a nap for the rest of the day.

"When my son woke the next morning, he was tickled to death to see that daddy was still home, and all he could say was, 'the bestest birthday gift ever is having my daddy come home," said Sarah.

"All I could do was cry because my dream was a reality," she added. "We were a family for two weeks.'

#### **Precious Moments**

These stories from the Soldiers and families of the 25th CAB are only a glimpse of how some have spent their precious two weeks during R&R. For them, they are moments that have created special memories, which they will hold on to until their loved one returns home.

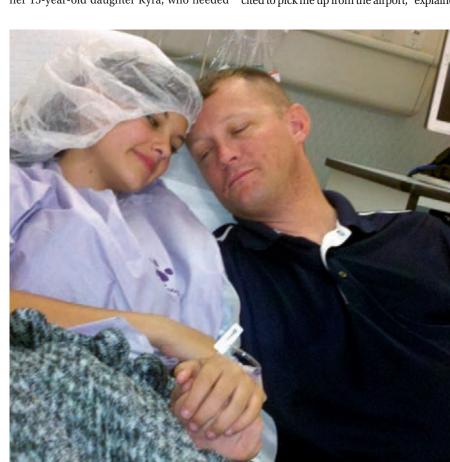


Photo courtesy Gerri Armstrong

Chief Warrant Officer 3 Roger Armstrong, Co.C, 3rd Bn., 25th Avn. Regt., 25th CAB, stays by the side of his 15-year-old daughter, Kyra, in the hospital during his two weeks of rest and relaxation.

## **USARPAC** begins training on new virtual system

Story and photo by STAFF SGT. AMBER ROBINSON

U.S. Army-Public Affairs

FORT SHAFTER — U.S. Army-Pacific recently installed the Army's most realistic and versatile virtual training system for combat route

The Virtual Clearance Training Suite, or VCTS, will be available to train Soldiers through-

Mai, Gen, Roger Mathews, deputy commander, USARPAC, officially opened the VCTS for business with a ribbon cutting Nov. 8. Mathews reviewed the capabilities of the suite to plan implementation of the system into USARPAC's training schedule.

The VCTS is comprised of four mobile trailers featuring different virtual training options. The first trailer is an operator's station in which unit leaders can develop specific virtual training missions, control all aspects of each mission and monitor Soldiers as they train.

"Leaders can choose any kind of scenario for their Soldiers to go through," said Sgt. 1st Class Jawn Downing, lead action officer. "They can choose the landscape, what the weather will be like, and so on. Not only can they choose to have their Soldiers encounter an improvised explosive device, but also to receive small arms fire or experience equipment failures. We can simulate anything that has the probability of occurring in combat.'

The second trailer features several stations simulating a Buffalo: a six-wheeled, mine-protected clearance vehicle, with a 30-foot robotic out USARPAC as a prerequisite to deployment. arm and iron claw for ordnance disposal and route clearance. The stations are designed to replicate the cab of a Buffalo exactly. The drivers are surrounded on each side of the cab by large screens that display their surroundings. Soldiers react to what they view on the screens.

The third and fourth trailers simulate the cab of an RG-31, an armored, mine-protected personnel carrier with screens surrounding the driver and passenger. Soldiers manning the gunner's turret follow the virtual scenario via a

headpiece with a built-in monitor. This VCTS installation is the eighth implemented of the system. Across the board, Downing has received nothing but very positive feedback from Soldiers who have undergone the



Maj. Gen. Roger Mathews (standing), deputy commander, U.S. Army-Pacific, watches a Soldier conduct a virtual route clearance mission at the Virtual Clearance Training Suite, recently.

## Tripler medic fights her way to combatives honor

## Pediatrics NCO sets her sights on promoting MACP

Story and photo by **STEPHANIE BRYANT**Tripler Army Medical Center Public Affairs

HONOLULU — "The adrenaline rush you feel is intense. I felt my heart beating in my stomach, like I was going to puke and then all at once I was enraged.

"I told my opponent that I was not going to fight for 10 minutes. Either he was going to tap, or I was," said Sgt. Dominique Ramos.

Ramos, noncommissioned officer in charge with the Developmental Pediatrics Clinic, Tripler Army Medical Center, loves describing her final bout from the Level 3 Modern Army Combatives Program Training at Fort Benning, Ga.

At the course, she defeated an infantryman,

choke hold. The three-minute-and-30-second bout won her the title of honor graduate during her Level 3 course.

"I am proud of myself, but it is still a humbling experience ... there is always someone better than you," Ramos said. "I like to fight with

who is also drill sergeant, with a cross-collar

Ramos didn't learn combatives in basic training, and even though the drill sergeants demon-

people who are better than me, so that I can be-



Sgt. Dominique Ramos (left), noncommissioned officer-in-charge, Developmental Pediatrics Clinic, TAMC, grapples with her opponent during Tripler's Combatives Tournament, held at Martinez Fitness Center, Jan. 13-14. Ramos recently earned her Level 3 combatives certification at Fort Benning, Ga., as an honor graduate. She defeated a drill sergeant in her final bout.

strated some moves, it all seemed very vague.

At her first duty station at Fort Sill, Okla., when Ramos observed some combatives training, she didn't think combatives was for her. However, when Ramos' supervisor wanted to take the first course, she convinced Ramos to join her.

Ramos said once she actually completed Level 1, it was like she had been bitten by a bug and has loved combatives ever since.

For Ramos, a big part of her fascination and love for the sport is Soldier education. As a medic, Ramos does not know what unit she'll be attached to overseas when deployed.

"We never know what type of situation we are going to face, and when overseas, we are not guaranteed to be placed in a combat support hospital," Ramos said. "We could be placed in a unit that does routine patrols. It is important all Soldiers know how to engage the enemy tactfully and safely.

"Combatives ties into a lot of that, and it is not just about hand-to-hand combat, but tactical situations," Ramos added.

Ramos is spending November at Fort Benning to complete Level 4 training and is looking forward to helping train other Soldiers, especially reminding females about the importance of remaining both physically and mentally tough.

"I don't like to consider myself hard core; I like to consider myself a hard worker," Ramos said. "No one likes getting punched in the face. I remember getting hit in the face once, right in the nose, and I remember tearing up and telling myself 'you are not going to cry.'

"Combatives is part of my Soldier skills," she added.

#### What is MCAP?

Learn more about the Modern Army Combatives Program at www.benning.army.mil/infantry/197th/combatives/.

DEPLOYED FORCES

## TACOPS awarded professionalism

Story and photo by
SGT. DANIEL SCHROEDER
25th Combat Aviation Brigade Public Affairs
25th Infantry Division

KANDAHAR AIRFIELD, Afghanistan — A chief warrant officer with the 25th Combat Aviation Brigade was recognized for his work with aircraft survivability.

Chief Warrant Officer



Chief Warrant Officer 3 Joe Mosher, TACOPS officer, 3rd Bn., 25th Avn. Regt., "Task Force Hammerhead," 25th CAB, stands in front of a CH-47F Chinook.

3 Joe Mosher, tactical operations officer, or TACOPS, with 3rd Battalion, 25th Aviation Regiment, "Task Force Hammerhead," 25th CAB, 25th Infantry Division, received the 2012 Army Aviation Association of America Aircraft Survivability Equipment Award during a recent Survivability Professional Forum in Huntsville, Ala.

Mosher earned the

award for his dedication to the survivability of 82 aircraft and more than 500 aircrew members.

"CWO-3 Mosher is a quiet professional and said Mai, Mike Griffin, ex-

an excellent officer and aviator," said Maj. Mike Griffin, executive officer, 3-25th Avn., 25th CAB.

Mosher felt honored that his leadership recognized his constant silent professionalism.

"One of my duties as the TACOPS officer is to ensure all matters concerning ASE were handled and implemented in a timely manner," Mosher said. "I also feel my past ex-

perience with enemy contact added to my nomination." During one of his prior deployments to Afghanistan, Mosher was conducting an external sling load re-supply mission in a CH-47 Chinook. His aircraft sustained damage from a rocket-propelled grenade about 100 meters from the drop-off location.

The RPG impacted the main fuel cell of the CH-47 and started a fire inside the aircraft. Mosher and his crew managed to maneuver the aircraft and land it very close to a friendly unit location.

## Portrayals highlight NA observance

**SGT. 1ST CLASS ERICK STUDENICKA** 117 Mobile Public Affairs Detachment

KANDAHAR AIRFIELD, Afghanistan — The past came to life, here, during Regional Command-South's National Native American Heritage Month Observance, Nov. 22.

Four Soldiers portrayed some of the most visible Native Americans in history during the living history portrayal segment of the observance.

Soldiers re-enacted living history portrayals of Chief Pontiac, Kateri Tekakwitha, Crazy Horse and James "Jim" Thorpe; each Soldier embodied the persona of the character and recounted the lives and achievements of the respective historical figure.

"It is common in our culture to use the month of November to give thanks for our abundant blessings," said keynote speaker 1st Sgt. Lester Day, 25th Combat Aviation Brigade, 25th Infantry Division. "It is also an appropriate time to remember the many ways Native Americans contributed to the settling of the foundation of America. Without the help and support of Native Americans, there would not be an America as we know it today."

Chief Pontiac was a Native American leader who became famous for his role in Pontiac's Rebellion, a Native American struggle against the British military occupation of the Great Lakes region following the British victory in the French and Indian Wars.

Tekakwitha, who lived in the 1600s, is a Catholic saint canonized by Pope Benedict XV1 in Vatican City, Oct. 21.

Crazy Horse was the war leader of the Oglala Lakota and took up arms against the U.S. government to fight against encroachment and the Lakota way of life, leading his war party to victory at the Battle of the Little Bighorn in 1876.

Jim Thorpe, considered one of the most versatile athletes in history, won two gold medals in the 1912 Olympics and is one of just a few athletes to play professional football, baseball and basketball.



Photo courtesy of "The Chronical," Centralia, Wash.

Hoot Mesteth (right), of Hermiston, Ore., and Raymond Cree, of Pendleton, Ore., lead a "Grand Entry" parade during the Cowlitz Indian Tribe's annual gathering in Toledo. 1st Sgt. Lester Day, speaker for the Native American Heritage observance at Kandahar, is of Cowlitz ancestry.

In his keynote address, Day, whose Native American heritage stems from the Cowlitz Tribe in northern Washington, spoke of how it's no coincidence that the annual observance is in the same month as Thanksgiving, and of how Native American history has often been marred by violence and mistreatment.

"For centuries, Native Americans faced cruelty, injustice and broken promises," Day said. "As we work together to forge a brighter future, we cannot shy away from the difficult aspects of the past."

Day reminded troops about Army aviation's close ties with Native American heritage, noting how the Army's aircraft have typically been named after tribes, chiefs and terms since 1969. He said the names are picked for the sound, history and relationship of the name to the mission of the aircraft, suggesting an aggressive spirit and confidence in the capability of the aircraft.

Day also paid tribute to the most decorat-

ed Native American to ever serve in the U.S. armed forces, Boatswain's Mate Chief James Williams, a Medal of Honor recipi-

Williams passed away in 1999; he earned so many awards during his career that he unofficially became known as the Navy's "Most Decorated Enlisted Sailor.

"A-Key-Yeh," said Day, closing the ceremony by thanking all attendees with the Native American word for taking the time to honor and pay tribute to Native American heritage.

#### Native American helicopter names

The list of aircraft in the Army fleet based on Native American names includes the AH-64 Apache, OH-58 Kiowa Warrior, OH-6 Cayuse, UH-1 Iroquois, UH-72 Lakota, UH-60 Black Hawk, MH-47 Chinook and TH-67

#### **THANKSGIVING**



Photos by Staff Sgt. Mary Valdez | 8th Theater Sustainment Command

Officers and senior noncommissioned officers from the 8th Theater Sustainment Command, wearing Army Service Uniforms, serve the families of Soldiers on Thanksgiving. The Soldiers spent the day making the Schofield Barracks K-Quad dining facility look warm and welcoming for their Thanksgiving guests, Nov. 22.



Maj. Gen. Stephen Lyons (front, right), commander, 8th TSC, and Command Sgt. Maj. Nathan Hunt (far right), 8th TSC senior enlisted leader, decide on their Thanksgiving meal main courses at the K-Quad DFAC. The impressive feast prepared by chefs of the 8th TSC, included shrimp, crab, ham and more in addition to traditional turkey with all of the trimmings.

## Army launches 'Hire a Veteran'

**EMILY ANDERSON**Warrior Transition Command

ALEXANDRIA, Va. — With more than 80,000 disabled veterans expected to enter the workforce over the next five years, the U.S. Army Warrior Transition Command, or WTC, launched "Hire a Veteran," a national education campaign, this month, to address employers' concerns that currently impede the hiring of wounded, injured and ill veterans.

The campaign was built on research conducted by the Society for Human Resource Management, or SHRM, the world's largest association devoted to human resource management.

Founded in 1948, SHRM represents more than 250,000 members in over 140 countries. Its random membership survey received a 14 percent response rate.

"I'll admit that our members are telling us there are challenges when it comes to recruiting, hiring and retaining veterans," said Dr. Jeff Pon, SHRM chief, human resources and strategy officer. "The good news is this: Employers want to hire veterans, and they are actively interested in hiring veterans."

"Two-thirds of employers surveyed by SHRM said they have hired veterans within the past 36 months," he said. "This is a significant jump from 2010, when just over half of organizations said they had done so."

"There is, oftentimes, a disconnect when it comes to translating a 'military' resume into 'civilian,' or understanding a veteran's background and skill set to determine a best fit," said Tim Isacco, Orion International chief operating officer. "It is vital for corporate America to realize that, while all veterans are trained within a military occupation that brings a specific level of training and qualifications, veterans universally possess many soft skills that make them invaluable within the workforce, such as leadership, tireless work ethic and proven performance under the most difficult of situations."

Retired Staff Sgt. Paul "Rob" Roberts shared how the support he received from the Army while recovering at a Warrior Transition Unit for third-degree burns, post-traumatic stress disorder and traumatic brain injury helped him secure a position with the Federal Bureau of Investigations. During his recovery, he worked with occupational therapists and transition coordinators to identify a new career path.

"When I took my oath, raised my hand and swore to support and defend the Constitution of the United States against all enemies, foreign and domestic, I meant it," said Roberts. "So if I couldn't serve in the Army any more, I knew I wanted to serve my country by working for the federal government."

Through an Operation Warfighter internship at the Drug Enforcement Agency, and then with support from staff at a job fair at Fort Belvoir, Va., who worked on his resume and interview skills, Roberts received a job with the Federal Bureau of Investigations.

"They treat me just like the Army did, like I'm family. They never leave anyone behind," said Roberts.

#### Hire a Veteran

The campaign includes a 10-minute educational video providing solutions to three obstacles, a two-minute "trailer" video, radio spot and online employer toolkit.

Engage the campaign online at #hireaveteran; view materials at www.WTC.army.mil.

## 8th MP chefs cook 3-star chow

Story and photo by SGT. MARCUS FICHTL

8th Military Police Brigade Public Affairs

 $\label{eq:east_range} \mbox{EAST RANGE} - \mbox{For eight months in the heart of East} \\ \mbox{Range, along a dirt road under towering trees, a restaurant} \\ \mbox{served hungry Soldiers on patrol.}$ 

This restaurant, the U.S. Army-Pacific's best, recently received its final evaluation for the Department of the Army Phillip A. Connelly Competition in the Active Army Field Category.

The restaurant was staffed by food service Soldiers of the Field Connelly Team, 8th Military Police Brigade, 8th Theater Sustainment Command.

"The objective was to train-up as if we were going to Afghanistan," said Sgt. Rasheed Morton, shift leader, 8th MP Bde. "We had to set up a tactical site for Soldiers to eat."

Unlike the Michelin's famous red guide, the Connelly competition does not judge by candles, curtains or the amount of syllables needed to pronounce the main dish. Rather, judgment is based on how well the team holds up to the constant tropical rain, the threat of insurgent attack, the sanitation in the middle of a forest and, of course, the quality of the food

Possibly no world-renowned three-star chef would trade his or her spatula for a shovel, but master chefs aren't charged with serving and protecting the nation's best.

Hot as their kitchens got, these food service personnel were not shooting bullets.

"We had to dig," said Spc. Avreyunna Thomas, cook, 45th

Sust. Bde. "We were in the sun; we did labor you wouldn't do in a dining facility."

The ability to create a tactical field kitchen, from fighting positions to a planned outpost, went well beyond the skills

needed for cooking food.

"We had to learn other jobs, other than being a cook," said

Morton, "Anyone can drop a mobile kitchen trailer, or MKT, and cook, but to develop an effective tactical site is different."

It was different, and DA evaluators had front row

tickets.

During the meal, diners and cooks "danced." The diners

moved rhythmically, one by one, from their security positions along the wire to the MKT, the beating heart of the outpost. There they met the cooks who pulsed on separate paths between the MKT, sanitation, dishwashing and storage.

The customers enjoyed a three-star meal, and then the

diners and cooks parted, leaving empty trays as they returned to their security position on the wire. And that was their final dance for the competition. A

And that was their final dance for the competition. A dance they perfected the Army way through hard work, study and constant training.

"We built a team during these eight months," Morton said.

And as the team's eight-month dance comes to an end, one of Hawaii's premiere restaurants closes for the last time this year, but you can find these USARPAC — and hopefully soon-to-be DA award-winning chefs — at your local 8th TSC DFAC or a battlefield near you.

The Connelly results will be released mid-December.



Spc. Sierra Moody (left) and Staff Sgt. Ricardo Cabrera, both from the 8th MP Bde, 8th TSC Field Team, prepare breakfast in a mobile kitchen tent during the final evaluation for the Phillip A. Connelly Competition in the Active Army Field Category, recently.

#### 3-Day: Squads patrol, battle nonstop

**CONTINUED FROM A-1** 

plish the mission."

The goal was to put squad leaders in positions to make decisions that they normally wouldn't in a training situation. These decisions have real consequences opposite a live force that is equal or greater than their number with similar training and resources.

"It's fun because we get to play against each other. It's like capture the flag; whoever gets the objective first wins," said Pulver.

According to most of the participants, the hardest part was the terrain. The challenges were staying several days on a mountain while wearing gear the entire time, negotiating the steep mountainsides and reacting to contact in that environment.

Simultaneously, the battalion's reconnaissance platoon conducted a three-day zone reconnaissance exercise focused on locating and determining the composition and capabilities of the squads.

"I think it's good training; it gives me more confidence because I am learning to traverse the



Staff Sgt. Benjamin George, Co. A, 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID, surveys the objective during the Wolfhound squad vs. squad Three Day War, Nov. 15.

terrain and deal with the weather," said Pfc. Nathan Morrison, Co. C.

### Signal: Ceremony notes deployment

CONTINUED FROM A-1

operations.

In six months, the Soldiers completed pre-certifications, T-certification training, field training exercises, sling loading, hand grenade training, a weeklong validation rehearsal exercise and more.

"After all of this hard work, we now have Alpha Co. standing in front of us equipped, trained and fully mission-capable to deploy as an expeditionary signal company," said Baer.

In 2010, 307th Headquarters and Headquarters Co. and Co. B deployed in support of the OEF surge. They took on the difficult task of establishing and providing strategic communications throughout much of Afghanistan. The symbolic casing and uncasing of their colors were pinnacle events; they represented the deploying part of the company going forward and the rear detachment's commitment to continue the mission at home.

"As our nation moves forward with its evolving mission in Afghanistan, some, but not all of Alpha Co.'s resources, are required to support that mission," said Bird. "So, we've established a provisional headquarters in the form of Alpha Co.'s rear detachment, to care for the Soldiers, family

and equipment here in Hawaii."

Immediately following the official casing of the colors, the Soldiers of A-307th rear detachment uncased their colors, symbolizing their official assumption of duties and responsibilities. The rear detachment will be responsible for providing home station support, administrative operations, command and control, accountability of equipment and deployed personnel, and communications links between deployed Soldiers and their families.

The deploying element, though small in number, has a geographically diverse mission ahead, and according to Capt. Robert Bergdorf, commander, A-307th, his Soldiers are ready for the challenge.

"This is our first time deploying as a company into Afghanistan ... (to) provide communication in small teams to various supported units," said Bergdorf. "This is our first combat deployment since Vietnam, but we're accustomed to it. ... While here in Hawaii, we've deployed in support of exercises in Thailand, Cambodia, Korea and Japan"

When not deployed, 307th ESB is responsible for tactical command, control, communications and computer capabilities in the Pacific theater.

#### **News Briefs**

Send announcements for Soldiers and civilian employees to community@ hawaiiarmyweekly.com.

#### **Today**

Barracks Survey — The First Sergeants Barracks Program 2020 is a partnership between garrison and brigade-level units to achieve efficient and quality property management in housing for unaccompanied Soldiers. Currently, a USAG-HI Unaccompanied Housing Resident Survey seeks essential customer feedback to identify and communicate issues and inefficiencies in Soldier barracks.

All barracks residents are encouraged to complete and submit this simple survey within 30 days of occupancy at www.survey monkey.com/s/XYQ55TJ.

#### December

1 / Saturday

DPW Hours Change — Effective Dec. 1, the Directorate of Public Works service order desk hours of operation will be weekdays from 6 a.m. to 5 p.m. Regular service requests will be processed during these hours and are available by phone at 656-1275 or through customer walk-ins at 947 Wright Ave, Wheeler Army Airfield, Bldg. 104, 1st floor.

After-hours operations are weekdays from 5-6 p.m., to include weekends and holidays. Only emergency calls will be processed after hours and will continue to be redirected to the garrison's Installation Operations Center.

#### 3 / Monday

North SIM — The next North Spouse Information Meeting is 9:30-10:30 a.m., Dec. 3, at the Nehelani, Schofield Barracks. Meetings are open to all spouses wishing to attend. For more details, call Natalie Bradshaw, 282-8178.

#### 5 / Wednesday

**South SIM** — The next South Spouse Information Meeting is 9-10 a.m., Dec. 5, at the Hale Ikena, Fort Shafter. Meetings are open to all spouses wishing to attend. For more details, call Natalie Bradshaw, 282-8178

#### 7 / Friday

**CPAC Closure** — The Civilian Person-

nel Advisory Center will be closed Dec. 7 from 10 a.m. to 3:30 p.m. for its annual Christmas party. For emergencies, call 557-6341

#### 10 / Monday

FEHB Election — The open season for Federal Employee Health Benefits (insurance) ends Dec. 10. Employees should complete form SF-2809 at the Army Benefits Center, via its integrated voice response system or online through Employee Benefits Information System. Visit https://www.abc.army.mil/Health/HowDoIEnroll.htm

Employees should not wait until the last days of open season, as these days are the busiest and customers may experience long wait times via telephone and/or slow access to EBIS.

#### Ongoing

Wright Avenue Lane Closures — Portions of Wright Avenue, between Robbins and Elleman roads, will be completely closed through Dec. 6 for reconstruction (subject to change pending weather delays).

This project is phased so that east and westbound lanes of the divided portion are paved at alternate times. Call 656-2532.

Veteran and Small Business Forum — General admission fee is \$150 for this forum, which includes breakfast, lunch, general admission and access to exhibits, as well as access to morning and afternoon keynote speakers.

The event will be held at the Hale Koa Hotel. Fee for general admission with access only to workshop sessions is \$75.

Those interested in attending can register online via the Hawaii Procurement Technical Assistance Center at http://hiptac.ecenterdirect.com/Conferences.action or call Erin Kanehira at 596-8990, ext. 1008. Deadline to register is March 21, 2013.

**Unemployed Veterans Education Assistance** — The Veterans Administration is dedicated to supporting veterans. Veterans ages 35-60 can apply for new benefits to cover education costs up to one year through a joint Department of Veterans Affairs and Department of Labor program.

A Veterans Retraining Assistance Program allows qualifying veterans to receive up to 12 months of assistance equal to the full-time Montgomery GI Bill. The active duty rate is currently \$1,473 per month.

### HAWAI'I ARMY WEEKLY

## "When work is finished."

www.hawaiiarmyweekly.com

FRIDAY, November 30, 2012



Photos courtesy Battleship Missouri Memorial

Among the highlights of "The Heart of the Missouri" tour is navigating the Broadway, the longest and widest passage of the ship, while listening to commentary from Larry Doong, the ship's last chief engineer.

## New tour explores previously unopened areas

MCNEIL WILSON COMMUNICATIONS
News Release

PEARL HARBOR — Ever wonder what it takes to move a 40,000-ton ship at a speed of nearly 40 mph, or how 16-inch guns can fire a 2,700-pound projectile an incredible 23 miles with pinpoint accuracy?

The Battleship Missouri's "The Heart of the Missouri" tour will answer these and any other

questions you might have about America's last battleship.

"The Heart of the Missouri' tour is a unique experience unlike anything we've ever offered at the Battleship Missouri Memorial," said Mike Carr, President and COO of the Battleship Missouri Memorial.

"For the first time, visitors will get to see how the Missouri actually worked," Carr added. "If the Missouri was a movie, this would be the behind-the-scenes footage. You get to see where all the magic happened, how she was powered, how the guns were aimed and fired, and tons more. This ship was really a marvel of her time."

The Missouri's knowledgeable tour guides will take groups through areas never before available, including boiler, plotting and engine rooms, where they'll get hands-on training with lighting one of the eight three-story Babcock and Wilcox boilers or adjusting throttles that release the steam that drives the ship's massive propellers.

Groups also will meet the ship's last chief engineer, Larry Doong, as he provides video commentary throughout Broadway, the longest and widest passage on the ship.

The Battleship Missouri Memorial is located a mere ship's length from the USS Arizona Memorial and completes a historical visitor ex-

#### More than just a battleship

The Battleship Missouri Memorial is one of Hawaii's top 10 attractions, according to Pacific Business News, and was the main star of Universal Studios' movie "Battleship."

The memorial is open daily from 8 a.m.-4 p.m., and from 8 a.m.-5 p.m. during the summer months of June, July and August.

Admission to "The Heart of the Missouri" tour costs \$25 for adults and \$12 children.

General admission, which includes a choice of four tours, costs \$22 for adults, \$11 for children, 4-12. Military, kamaaina and school discounts are available.

To reserve a tour, call (toll-free) 1-877-644-4896 or visit www.USSMissouri.org.

perience that begins with the "date which will live in infamy" that saw the sinking of the USS Arizona in Pearl Harbor and ends with Imperial Japan's unconditional surrender aboard the USS Missouri in Tokyo Bay.

Advanced reservations are recommended, as this intimate tour has a capacity of 10 people per group.

Closed-toe shoes are mandatory, and the tour is limited to guests ages 10 and older.

Patrons must be able to climb 10 sets of ladders, step over a dozen two-foot-high obstacles, and navigate through tight doorways and low overheads.



Dean Kelley, visitor experience manager, Battleship Missouri Memorial, and lead tour developer, gives a guided tour of the engine room.



 $Tour\ groups\ get\ to\ batten\ down\ the\ hatches\ and\ test\ their\ firing\ skills\ in\ the\ aft\ plotting\ room,\ shown\ here.$ 

## 71st Pearl Harbor Day honors lasting legacy of heroics

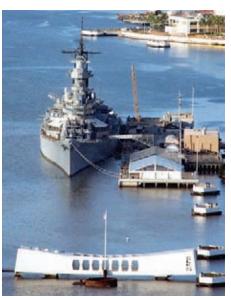


Photo courtesy Battleship Missouri Memorial

The USS Arizona Memorial and USS Missouri, both stationed in Pearl Harbor, signify the beginning and ending of World War II, respectively.

MCNEIL WILSON COMMUNICATIONS

News Release

PEARL HARBOR — The National Park Service and U.S. Navy will host a joint memorial ceremony commemorating the 71st anniversary of the attack on Pearl Harbor, 7:45-9:30 a.m., Dec. 7, at the Pearl Harbor Visitor Center at the World War II Valor in the Pacific National Monument, formerly known as the USS Arizona Memorial Visitor Center, here.

The ceremony will take place on the back lawn of the visitor center that looks directly out on the USS Arizona Memorial.

The theme of this year's historic commemoration, "Coming of Age — From Innocence To Valor," honors those who served in the U.S. armed forces on that fateful day.

The attack represented more than a change

in America's status from peace to war; it was a sudden shift from youthful innocence to a searing awareness of the cost and consequences of war. Heroically, these men and women did not back down.

Also not forgotten were the thousands of civilians who witnessed the attack, including

the 49 who lost their lives.

At 7:55 a.m., the exact moment the Japanese attack on Pearl Harbor began 71 years ago, a moment of silence will be observed. A guided missile destroyer will render honors to the USS Arizona, and the Hawaii Air National Guard will fly over the memorial in a "missing man" formation.

The ceremony will conclude with a "walk of honor" by Pearl Harbor survivors and other World War II veterans through an honor cordon of military and National Park Service men and women.

Keynote speaker for the ceremony will be Adm. Cecil Haney, commander, U.S. Pacific Fleet. The ceremony will be co-hosted by Paul

#### Pearl Harbor Day

To find out more information about the Pearl Harbor Day 71st anniversary Commemoration Ceremony and special events, visit www.pearlharborevents.com.

DePrey, superintendent, National Park Service, World War II Valor in the Pacific National Monument, and Rear Adm. Frank Ponds, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific.

Highlights of the ceremony will include music by the Navy's U.S. Pacific Fleet Band, morning colors, a Hawaiian blessing, a rifle salute by members of the U.S. Marine Corps, wreath presentations, echo taps, and recognition of the men and women who survived the attack of Dec. 7, 1941, and those who made the ultimate sacrifice for their country.

In addition, a series of special events recognizing the 70th anniversary of the USS Bowfin and the 71st anniversary of the attack on Pearl Harbor will be open to the public, through

Other public events include free after-hour events at the USS Bowfin and Pearl Harbor Visitor Center, a world premiere of a Military Channel film documenting the first 15 minutes of the attack on Pearl Harbor, and free one-hour historic Pearl Harbor boat tours narrated by National Park Service rangers.



#### Briefs

#### **Today**

Holiday Card Lane — All offices and organizations are invited to participate in Holiday Card Lane displays. Complete and return an entry form to the FMWR Special Events Office. Find the entry form at himwr.com and fax completed entries to 655-1780.

Entries will be judged on craftsmanship/artistic quality and overall appearance. Awards will be presented during holiday tree lighting ceremonies on Dec. 4 at Schofield's Generals Loop, and on Dec. 6 at Shafter's Palm Circle.

#### December

#### 1 / Saturday

**AMR Holiday in Paradise** Holiday festival begins with Breakfast with Santa, 7:30 a.m. at the AMR Community Center. Seating for breakfast begins at 8 a.m., followed by free keiki activities and pictures with Santa, inflatable bouncers, door prizes and more. Some food items, festival activities and games will be charged. Visit HiMWR.com or call 655-0110.

#### 3 / Monday

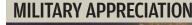
**Basketball Court Reopens** — The SB Martinez Physical Fitness Center will reopen at noon on Dec. 3, following the installation of new basketball basket support structures/arms. Call 655-4804.

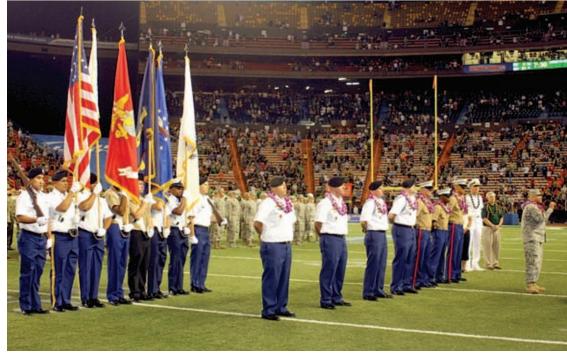
#### 4 / Tuesday

SB Holiday Tree Lighting -Ceremony begins at 6 p.m. at Generals Loop. Every 6-week to 18-year-old child present and registered with CYSS will receive an age-appropriate toy. Get pictures with Santa and other holiday characters, and enjoy entertainment and refreshments. Children must be accompanied by a responsible adult. Call 655-0115.

#### 6 / Thursday

FS Holiday Tree Lighting -Ceremony begins 6 p.m., Palm Circle.





Courtesy photo Randy Dela Cruz

HONOLULU — Specialists (front, from left) Roberto Torres, Michael Haydon, Timothy Adams and Quentin Gallow, Purple Heart recipients assigned to 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Inf. Division, are personally recognized for their sacrifices and service to the nation during the half-time presentation during the University of Hawaii vs. University of Las Vegas football game at Aloha Stadium, here, Saturday. See full story on B-3.

Every 6-week to 18-year-old child present and registered with CYSS will receive an age-appropriate toy. Free entertainment and refreshments. Children must be accompanied by a responsible adult. Call 655-0115.

#### **Ongoing**

The "A" Game — Keiki 18 years of age and under can bowl one free game for every two "A's" they get on a report card. Call 438-6733 (FS) or 655-0573 (SB).

ACS Aloha Center — The new phone number for Shafter's ACS is 438-4ACS (438-4227).

Pro Bowl Tickets — 2013 NFL Pro Bowl tickets are available at the Schofield and Shafter Leisure Travel

NFL Sunday Ticket Kickoff — Come to the SB Tropics on Sundays and catch all the games. Facility opens a half hour before the first game starts. Patrons 18 and older are welcome. Call 655-5698.

Sunday at the Clubs — Enjoy Sunday breakfast at the SB Kolekole Bar and Grill, 9 a.m.-1 p.m., or Sunday brunch at the dining room at the FS Hale Ikena, 10 a.m.-1 p.m. Call 655-4466 (SB) or 438-1974

NFL Sunday Ticket Kickoff — Catch all the games Sundays at the Tropics. Facility opens a half hour before the first game starts. Patrons 18 and older are welcome; call 655-5698.

Bowling Special — Bowl 7 a.m.-4 p.m., Wednesdays, \$1 per game, FS Bowling Center, \$1 per game; shoe rental is not included. Subject to availability and does not apply to group reservations. Call 438-6733.

**Teen Wednesdays** — Cosmic Bowling for teens for \$2 at Wheeler Bowling Center, WAAF, 2-4 p.m., Wednesdays. Free shoes with a twogame minimum. Call 656-1745.

Texas Hold'em - Every Thursday at 6 p.m. the Tropics Warrior Zone hosts a free tournament that tests your poker skills against the best Army players around. Ages 18 years and older are welcome; no buy in.

Non-players are invited to enjoy the atmosphere and featured menu items. Call 655-5698.

Dinner Service — New dinner service is now available at Mulligan's Bar and Grill at FS. Dinner service includes a brand-new menu and new hours from 5-8 p.m., weekday evenings. Call 438-1974.

Keiki Night — Every Wednesday night, 5-8 p.m., kids under the age of 10 can eat from the keiki menu for \$2.99 at the SB Kolekole Bar and Grill and the FS Mulligan's Bar and Grill. Call 655-0660 (SB) or 438-6712 (FS).

New Gym Hours — New HMR and AMR physical fitness center hours are 6 a.m.-9 p.m., Mondays-Fridays. The gym is closed Saturdays, Sundays and holidays. Call HMR at 653-0719 or AMR at 836-0338.

New Menus — New menus are now available at the Kolekole Bar and Grill, SB, and Mulligan's, FS. Call 655-4466 (SB) or 438-1974 (FS).

Mongolian Barbecue — Dinner is served starting at 5 p.m. on Mondays at Kolekole Bar and Grill, SB, and Thursdays at Mulligan's Bar and Grill, FS. Cost is 65 cents per ounce. Call 655-4466 (SB) or 438-1974 (FS).

Friday Night Fever — Enjoy a \$5 special for Cosmic Bowling at Wheeler Bowling Center. Includes three games and one shoe rental, 5-10 p.m.

#### worship Services Additional religious services, children's programs, educational services and contact informa-

tion can be found at www.garrison.hawaii.army.mil. (Click on "Religious Support Office" under the "Directorates and Support Staff" menu.)

AMR:

Fort DeRussy Chapel FD: HMR: Helemano Chapel Main Post Chapel, Schofield Barracks PH: Aloha Jewish Chapel,

Aliamanu Chapel

Pearl Harbor SC: Soldiers' Chapel, Schofield Barracks TAMC: Tripler Army

Medical Center Chapel WAAF: Wheeler Army Airfield Chapel

#### **Buddhist Services**

•Fourth Sunday, 1 p.m. at MPC Annex Catholic Mass

•First Sunday, 1 p.m. at FD

- •Thursday, 9 a.m. at AMR •Saturday, 5 p.m. at TAMC, WAAF
- Sunday services:
  - 8:30 a.m. at AMR
- -10:30 a.m. at MPC Annex -11 a.m. at TAMC
- •Monday-Friday, 11:45 a.m. at MPC and 12 p.m.TAMC

#### **Gospel Worship**

•Sunday, noon. at MPC •Sunday, 12:30 p.m. at AMR

#### **Islamic Prayers and Study** •Friday, 1 p.m. at MPC Annex

•Friday, 2:30 p.m., TAMC ·Saturday and Sunday, 5:30 a.m.; 6, 7 and 8 p.m. at MPC Annex

Jewish Shabbat (Sabbath) •Friday, 7:30 p.m. at PH

#### Pagan (Wicca) •Friday, 7 p.m. at MPC Annex

**Protestant Worship** Sunday Services

-9 a.m. at FD, MPC and TAMC chapels -9 a.m. at WAAF chapel,

Lutheran/Episcopalian -10 a.m. at HMR -10:30 a.m. at AMR

Single Soldiers' Bible Study •Wednesday, 11:30 a.m. at SC;

#### This Week at the Sgt. Smith Theater Call 624-2585 for movie

listings or go to aafes.com under reeltime movie listing.



**Argo** 

(R) Fri., Nov. 30, 7 p.m. Sat., Dec. 1, 7 p.m. Wed., Dec. 5, 7 p.m.

#### House at the **End of the Street**

(PG-13)

Sat., Dec. 1, 4 p.m. Sun., Dec. 2, 2 p.m.

lunch is provided. **Worship Service** 

•Sunday, 6 p.m. at SC.

## Community Calendar

Send announcements a week prior to publication to community@ hawaiiarmyweekly.com.

#### **Today**

Toys for Tots "Walk with a Soldier" — Mililani Middle School, from 9 a.m.-2 p.m., Nov. 30, for the Marine Corps' Toys for Tots. Walk with Soldiers from the 65th Engineer Battalion (Combat Effects), 130th Engineer Brigade, 8th Theater Sustainment

Command, and drop your toy donations into a Soldier's ruck sack. Call 438-0944.

Bruce Shimabukuro Live — Aloha Center Cafe, Pacific Beach Hotel, 7-9 p.m., free. Bruce

Shimabukuro, the younger brother of world-renowned ukulele player, Jake Shimabukuro, enchants visitors and kamaaina. Visit pacificbeachhotel.com.

**Lanakila Baptist Elementary** School — Performs at Pearlridge Center Uptown, second level fronting Sephora, 7:30 p.m., free. Call 488-

Music in the Air — Paliku The-

atre, 7 p.m., free. Live music performances by students of Windward Community College and music instructors Ron Loo (slack key guitar), So Jin Kimura (piano), Kamuela Kimokeo (ukulele), Audrey Mendoza (speech) and Renson Madarang (chorus). Call 235-7374.

Performing Artist Academy — Performs at Pearlridge Center Uptown, second level fronting Sephora, 6 p.m., free. Call 488-0981.

St. Joseph School — Performs at Pearlridge Center Uptown, second level fronting Sephora, 4 p.m., free. Call 488-0981.

#### December 1 / Saturday

Honolulu City Lights Parade Honolulu Hale, S. King Street, 1-9 p.m., free. City parade starts at 5 p.m. From 1 p.m. on, the whole family can enjoy games, such as Christmas card printing in the historical print shop, Christmas storytelling, missionary

Christmas Parade — Mililani Shopping Center, ends at Town Center of Mililani, 9-10:30 a.m., free. Call

dress-up, candle dipping and

more. Call 447-3910.

625-0108.

Christmas Celebration — Town Center of Mililani, 10:30 a.m.-4 p.m., free. Special Christmas performances, Christmas carolers, picturetaking with Santa, and more. For

more details, call 625-0108.

**Christmas Ideas** Demonstration workshop at Aina Haina Public Library, 10:30-11:30 a.m., free. Simple and economical gifts, decorations and food ideas for Christmas. Call 729-3938.

Christmas in the Country -Waialua High and Intermediate School, 9 a.m.-1 p.m.; features a surf sample sale, arts and crafts, food booths and raffle. Costs \$3/person, \$5/families, children 12 and under free. Call 637-8200, ext. 260.

Makahiki Festival — Waimea Valley, 10 a.m.-4 p.m., kamaaina and military discounts. Hula halau performances, makahiki games and more. Call 638-7766.

#### 2 / Sunday

**Christmas Parade** Starts 4 p.m., Momilani Elementary School and ends at Pearl City Shopping Center, free. Sponsored by Pearl City **Shopping Center Merchants** Association with PCHS Project Graduation 2013. Call 593-1533.

Craft & Gift Fair — Castle High School cafeteria and grounds, 10 a.m.-2 p.m., free. This fundraiser is the biggest of the year for Project Graduation, which saves lives by keeping graduates safe at an allnight, after-graduation celebration. Call 554-3631.

**Gingerbread Family Festival** - Blaisdell Center Exhibition Hall, 9:30-11:30 a.m.,

12:30-2:30 p.m., \$39. Includes Community Competition, Chef Competition, Gingerbread Construction On-Site, Kits-To-Go, photo

with old Saint Nick in Santa's Corner and Santa's Assisted Technology Workshop. Visit

eastersealshawaii.org to register.

Vintage Collectibles & Hawaiiana Show — Blaisdell Hawaii Suites, 10:30-4:30 p.m., \$4/general, \$15/early entry. The Christmas Edition Wiki Wiki One Day Vintage Collectibles & Hawaiiana Show is an allvintage (items 20 years or older) collectibles and antiques show and sale. Visit ukulele.com or wikiwiki.html.

Musical Holiday Greeting -Kapolei High School Forum, 6:30 p.m., \$10. Enjoy a fun evening for all ages featuring pictures with Santa, Elves Bake Shop, Santa's Dinner & Dessert Concession, crafts and more. Visit packapolei.org.

#### 3 / Monday

**Tree Lighting Ceremony** Tripler Army Medical Center will kick off the holiday season with its annual ceremony, from 5-7 p.m., Dec. 3, on the lawn. Refreshments will be served and families can participate in holiday activities (Santa Claus and his elves will make an appearance!). Call 433-5106.

See Community Calendar, B-7

#### **Calendar abbreviations**

8th TSC: 8th Theater Sustainment Command 25th ID: 25th Infantry Division ACS: Army Community Service AFAP: Army Family Action Plan AFTB: Army Family Team Building AMR: Aliamanu Military Reservation

ASYMCA: Armed Services YMCA BCT: Brigade Combat Team BSB: Brigade Support Battalion Co.: Company CYSS: Child, Youth and School Services EFMP: Exceptional Family Member Program FMWR: Family and Morale, Welfare and

FRG: Family Readiness Group FS: Fort Shafter HMR: Helemano Military Reservation IPC: Island Palm Communities

PFC: Physical Fitness Center

SB: Schofield Barracks

Recreation

Inspiration, Exploration and Skills TAMC: Tripler Army Medical Center USAG-HI: U.S. Army Garrison-Hawaii

SKIES: Schools of Knowledge,

USARPAC: U.S. Army-Pacific Thurs., Dec. 6, 7 p.m. WAAF: Wheeler Army Airfield No shows on Mondays or Tuesdays.

## 25th CAB wife earns title of military Key Spouse

Story and photo by

**SGT. KARL WILLIAMS** 25th Combat Aviation Brigade Public Affairs

HONOLULU — The State of Hawaii and the Honolulu Navy League honored Beverly Tate, wife of Col. Frank Tate, commander, 25th Combat Aviation Brigade, 25th Infantry Division, and seven other local military spouses as the recipients of the 2012 Key Spouse Award, during a ceremony at Honolulu Hale, here, Nov. 21.

The Key Spouse Award is presented annually to spouses of deployed service members and recognizes the recipients as volunteer communicators and organizational focal points for units deployed in support of combat operations.

"We never came into this wanting awards or recognition," said Tate, whose husband is currently deployed to Afghanistan in support of Operation Enduring Freedom. "We volunteer to help Soldiers and their families, but it's nice to be acknowledged. It's nice to be appreciated

"Volunteering is a good way to meet other spouses who are in a similar situation, regardless of rank," she added, "understanding that one day it might be you that needs someone's help."

During the ceremony, awardees received certificates from the Hawaii State Legislature and City and County of Honolulu Mayor Peter Carlisle.

While presenting the certificates, Carlisle spoke about his joy of having the spouses and the military as members of the community.

"I am proud of our military families. You are our inspiration, you are my heroes and I assure you, I will never stop working on your behalf," said Carlisle. "Congratulations to our award winners. Thank you and your spouses, for all you do for our country."

Closing out the day's ceremony, Maj. Gen. Darryll Wong, adjutant general of the Hawaii National Guard, echoed Carlisle's reflections and again praised the awardees for their hard work

"Those of us serving in the military really appreciate you for helping hold families together," Wong said. "We can't do our job well unless we know our home is secure. Your job is extremely tough, and we appreciate all the additional effort you give. You really are the glue

#### **Key Spouse Awardees**

Rogeitte Bernardino, Hawaii Air
National Guard
Jacqilyn Edwards, U.S. Pacific Command
Lindsey Knoll, U.S. Marine Corps
Amy Monroe, U.S. Air Force
Amy Rueda, U.S. Navy
Shannon Severance, U.S. Coast Guard
Gail Tamaribuchi, Hawaii Army
National Guard
Beverly Tate, U.S. Army

that holds families together."



Beverly Tate (right) stands with Honolulu Mayor Peter Carlisle following a ceremony that recognized Tate as a recipient of the Honolulu Navy League's 2012 Key Spouse Award at Honolulu Hale, Nov. 21.

## UH-Manoa game honors wounded warriors, spouses

Story and photo by STAFF SGT. WILLIAM SALLETTE 25th Infantry Division Public Affairs

HONOLULU — Local wounded warriors and their families were recognized for the seventh year in a row during the University of Hawaii's annual Military Appreciation Game, here, at Aloha Stadium, Saturday.

Before the game began, the Honolulu Navy League presented a \$500 Key Spouse Award to eight military spouses for their dedication and service to the community.

Beverly Tate, senior advisor for the 25th Combat Aviation Brigade's family readiness group and wife of Col. Frank Tate, commander, 25th CAB, was one of the key spouses recognized. Her role as the senior advisor in the FRG is to help advise, coach and mentor battalion and company FRG leaders, so they may better assist the spouses of the Soldiers in their units

"The whole concept of the FRG is that we pull together and try to help each other become independent, strong and ready for anything, and I saw great value in that," Tate said.

Her decision to focus so much of her time to the FRG came from her own life experiences of being the spouse of a deployed Soldier. Almost



Specialists (front, from left) Roberto Torres, Michael Haydon, Timothy Adams and Quentin Gallow, Purple Heart recipients assigned to 2nd Bn., 27th Inf. Regt., 3rd BCT, 25th ID, are personally recognized for their sacrifices and service to the nation at Aloha Stadium, Saturday.

immediately following their wedding eight years ago, Frank was deployed to Afghanistan.

"I was new to the Army, and he deployed right away," said Tate. "I didn't know anyone, I didn't know anything about the Army, and

what I quickly realized is that the Army is my new extended family."

Tate teaches yoga and is a stress-reduction and coping mechanisms instructor. During the deployment of her husband's unit, she provided these services for free to the spouses of the 25th CAB. She also plans to donate the money from her award to the brigade to help offset some of the cost of the redeployment brigade ball, in hopes it will assist in making the tickets more affordable for everyone.

During the halftime presentation, UH honored wounded warriors from across Hawaii with plaques in appreciation of their sacrifice and service to the state and their country. Specialists Roberto Torres, Michael Haydon, Timothy Adams and Quentin Gallow — Soldiers from the 2nd Battalion, 27th Infantry Regiment, 3rd Brigade Combat Team, 25th Infantry Division — were all recognized for their personal sacrifices.

"This is not something I need to make me feel good about myself or what I do, but it is definitely nice to stand in front of this stadium full of people and be recognized for the sacrifices we make," said Torres, a forward observer who was wounded in a firefight during combat operations in Afghanistan.

"This really is just awesome," said Adams, who was wounded during a firefight in Afghanistan. "It is really cool to see how many supportive people there are out there, because you just don't expect it these days."

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The event opens at 10:30 a.m. for shop-

ping, with a buffet lunch from 11 a.m.-1

p.m. The event costs \$20 and includes

a delicious lunch provided by the Ne-

Participating community vendors

include Longaberger, Tastefully Sim-

ple, Thirty-One Gifts, Creative Memo-

December's donation basket is for

the Marine Corps' Toys for Tots drive

to support local children during the

holiday season. Members are asked

wrapped toys in return for free draw-

ries, Stampin' Up, Premiere Designs,

Silpada, Avon, Stella and Dot, Tupper-

ware, Scentsy, Once in a Blue Moon De-

to bring new, unused and un-

signs, and Choffy.

## Hale Kula 3rd-graders learn value of helping others

KERRI KORYCINSKI AND AMANDA TOWNSEND Hale Kula Elementary School

SCHOFIELD BARRACKS — Third-graders at Hale Kula Elementary School, here, are learning the importance of being good citizens and helping communities.

As they were in the midst of a social studies unit, the devastating Super Storm Sandy hit the East Coast. Communities and families were left without electricity, food, clothing and clean

Even though Hawaii is far away from the area that was hit, many of the students' families and friends were affected due to their ties to the Mainland.

Newspaper articles and television specials made students even more aware of this catastrophic event, and so students brainstormed

ways they could reach out to the people in these East Coast communities who have lost basic necessities.

They decided to hold a schoolwide coin

Students made posters with their own slogans, such as "Coins Can Change a Community" and "Help Us Help Others," which they put around the school advertising their special

Within the first week of collecting coins, students collected more than \$545.

To see the children so inspired by this fundraiser was truly heartwarming.

Many students decided to go above and bevond the school's initiative and took their posters into their own communities on Schofield and asked for donations. These students waved their posters and went up to their

neighbors, all on their own.

Hale Kula's third-grade students have shown such excitement from this project and have truly learned many life skills, such as counting coins, data collecting and natural disaster information. Most importantly, they have learned the importance of giving back to those

Hale Kula is truly proud of its community coming together as one to help the East Coast.

Third-graders are continuing to collect money through Nov. 30, and they are optimistic they will meet their goal of donating \$1,000 to the Brooklyn Community Foundation and Save the Children, organizations chosen based on the areas they serve.

(Editor's note: Korycinski and Townsend are third-grade teachers at Hale Kula Elementary



Photo by Amanda Townsend

Hale Kula students Synai Grant (left) and Emeleo Vargas construct posters for a fundraiser their thirdgrade class held for victims of Hurricane Sandy.

## Hui holds annual holiday luncheon

Reservations must be placed by noon, Dec. 6

> HUI 'O NA WAHINE News Release

SCHOFIELD BARRACKS — Hui 'O Na Wahine is looking forward to celebrating the holiday season with an elegant holiday luncheon at the Nehelani, here, Dec. 13.

"It's that time of the year where we want to spread the Christmas spirit," said Margaret Trimble, second vice president.

All military spouses are welcome to attend the Christmas-themed luncheon and participate in games, shop with the Hui vendors and socialize with other spouses.

A trivia game will be all about Christmas: Christmas movies and music. Each table will compete for ornaments to decorate centerpieces.

Members are encouraged to wear their Hui membership pins for random drawings and to fill their purs-

Taleen Jackson receives an ornament as part of the centerpiece drawing at Hui 'O Na Wahine's annual Christmas luncheon, held at the Nehelani in 2011.

Photo courtesy Hui 'O Na Wahine

Reservations must be placed by noon, Dec. 6, to

2012-2013 members of the Hui to attend the luncheon. Applications are available online, and annual fees (\$25) will be accepted by mail and at the event.

huireservations@gmail.com, and spouses must be

The Hui holds monthly luncheons that vary in

For more details, email huionawahine@gmail.com or go to www.schofieldspousesclub.com.

### **Recycling produces big** benefits for everyone

#### Individuals and organizations are urged to recycle at select locations

TAMICHA WILLIAMS Directorate of Public Works

U.S. Army Garrison-Hawaii

America Recycles Day has come and gone, but don't worry if you did not get to participate in the collaborative efforts between the Army and Air Force Exchange Service and the Directorate of Public Works, U.S. Army Garrison-Hawaii.

You can still recycle every day outside the main post exchanges, or PX, and shoppettes in the North and South Oahu areas.

Earlier this month, when AAFES promoted its environmentally preferable products and then gave away several reusable bags to lucky customers, the DPW-Environmental staff set up new recycling containers at all AAFES locations on Schofield Barracks, Wheeler Army Airfield, Helemano and Aliamanu military reservations, and at Fort Shafter.

Containers are conveniently located to collect a mix of HI-5 aluminum cans and plastic beverage containers.

Fundraising meters have also been set up at three PX locations to track how much money AAFES customers are raising by recycling. The more you recycle, the more money the garrison earns to fund special environmental projects and Directorate of Family and Morale, Welfare and Recreation activities on post.

For example, this past summer, the Army Recycle Center donated \$75,000 for the Fourth of July celebration. That's how much of an impact your contributions can make on the garrison.

You can continue to help out by recycling at your office, at the motor pool or at your favorite lunch

See RECYCLE, B-6

#### Hui 'O Na Wahine

Hui 'O Na Wahine is an all-ranks Army spouses club serving the 25th Infantry Division and Schofield Barracks community. Formed in 1931, its purpose is to contribute to the welfare of the local and military

communities through charitable endeavors.

ing tickets.



File photo

Participants string strands of yellow and purple plumeria as part of an interactive lei wili (lei making) workshop at the Sgt. Yano Library.

## Hawaiian cultural classes are returning, expanding in 2013

U.S. ARMY GARRISON-HAWAII

Native Hawaiian Liaison Office

SCHOFIELD BARRACKS — U.S. Army Garrison-Hawaii is delighted that its popular Hawaiian cultural classes will be resuming after the new year.

For the last few years, Soldiers and family members have enjoyed the opportunity to learn about Hawaiian culture through a variety of weekly courses, workshops and special events.

The cultural offerings are scheduled to resume in early 2013, and in addition to hula, lei making and other workshops provided in past years, new courses in Hawaiian history, feather work, carving and other traditional crafts are being daysland.

"We are extremely excited to have this opportunity to share our culture and the aloha spirit with Army families," said Dr. Trisha Kehaulani Watson, project manager and proprietor of Honua Consulting, a contract company developing the cultural immersion program.

"As someone who grew up in Mililani, I feel a deep personal connection to this area," Watson said, "and I am honored to have this opportunity to get to know this community better."

USAG-HI's new cultural program and classes will give Army families an opportunity to work with a wide range of Hawaiian cultural practitioners and participate in cultural experiences, both on and off post. In cooperation with Army Community Service's Relocation Readiness Program, educational trips and tours to off-post locations will soon be offered every month.

"The new off-post experiences are a unique opportunity for Soldiers and family members to really engage and embrace the Native Hawaiian culture and community," said Charlyn Sales, ACS relocation readiness program manager.

Sales and Watson plan to offer group visits to 'Iolani Palace in downtown Honolulu, Bishop Museum and the Hawaiian Plantation Village in Waipahu. Additionally, unique hands-on experiences, such as a visit to a functional lo'i (taro) patch and an ancient fish pond are also being considered.

Community members wishing to find out more about the classes may subscribe to the new Native Hawaiian monthly newsletter, "Hoʻonā," expected to launch in December.

"'Ho'onā' means 'to calm,' as this program is meant to give relocating families a sense of comfort with their new duty station," Watson said.

#### Hoʻonā Classe

To sign up for the Hawaiian Liaison newsletter or to receive updates on classes, workshops and other special events, visit www.hawaiianliaison.com or email usaghi.nhl@gmail.com.

B-6 | NOVEMBER 30, 2012 HAWAII ARMY WEEKLY SPORTS & FITNESS

## 715th MI seniors beat **juniors in Turkey Bowl**

Story and photo by STAFF SGT. DAVID PADILLA 500th Military Intelligence Brigade Public Affairs

SCHOFIELD BARRACKS — Football has been a Thanksgiving holiday tradition since 1934, when the NFL's Portsmouth Spartans, currently known as the Detroit Lions, played their first Thanksgiving Day football

To continue this American tradition, Soldiers in the 715th Military Intelligence Battalion, 500th MI Brigade, played to win and for esprit de corps during the battalion's 3rd Annual Turkey Bowl, at Leaders Field, here,

"We wanted to give the Soldiers an opportunity to play football and to build camaraderie and teamwork," said Capt Tiffany

Stillwell, commander, Company C, 715th MI Bn., 500th MI Bde.

A team of junior enlisted Soldiers squared off against a team of senior enlisted Soldiers and officers.

From turnovers to interceptions, the scoreboard remained zero for the majority of the first half up until the seniors scored their first touchdown.

Spectators, comprised of battalion Soldiers and family members, cheered and rooted for their preferred team.

At the end of regulation time, the senior team was victorious with a score of 26-13.

In the end, 715th MI Bn. Soldiers played a great game while reinforcing unit cohesion.

"Thanksgiving is a time of food, friends and football," Stillwell said.



defender during the battalion's 3rd annual Turkey Bowl at Leaders Field, Nov. 21.

### **Recycle:** DPW makes recycling easy

CONTINUED FROM A-1

spot on post. Use any container to collect your recyclables, and Recycling Center staff will be happy to pick up your materials. Call 655-0011 or submit an online pickup request at https://dpw.hi.pac.army.mil/pickup/.

If you need help establishing a recycling system in your office or area, contact the pro  $gram\ manager\ for\ DPW\text{-}Environmental$ Recycling at 656-5411.

(Editor's note: Williams is the solid waste and recycling program manager for DPW.)

#### Recycle Pick-up

To have recyclables picked up from your office, call 655-0011 and leave a detailed message, or submit an online pick-

https://dpw.hi.pac.army.mil/pickup/.



## USE YOUR HELMET



Staff Sgt. Steve Kalfman (left) and Sgt. 1st Class Don Blackall, both with HHC, 25th CAB, finish strong during the 5K Pink Ribbon Run hosted by the 25th CAB, recently.

# Unique 5K runs improve fitness, morale on KAF

Story and photos by

SGT. DANIEL SCHROEDER

25th Combat Aviation Brigade Public Affairs,

25th Infantry Division

KANDAHAR AIRFIELD, Afghanistan — Soldiers of the 25th Combat Aviation Brigade treated themselves and more than 750 service members and civilians to a free "Zombie 5K Fun Run," here, Nov. 17.

"It was great to see how many people showed up to do this event," said Staff Sgt. Chris Staton, data system interpreter, Headquarters and Headquarters Company, 25th CAB, originally from Woodbridge, Va. "We wanted to do a 5K run that was different from the other 5K runs hosted here. We wanted to get people out of their rooms to enjoy themselves."

The run is the sixth hosted by the 25th CAB, and at least 500 people have participated in each of the hosted runs.

Staton and Staff Sgt. Andrew Creaser, satellite communication operations noncommissioned officer, HHC, 25th CAB, a native of Brandon, Fla., came up with the idea of hosting 5K fun runs after participating in various other 5K events on KAF. One of the fun runs hosted by the CAB was a "Pink Ribbon Run"

"I wanted to do that event because I have two family members who have breast cancer," Creaser said. "It was nice to be able to help them and other women by raising funds to fight breast cancer."

After the successful Zombie 5K Fun Run, Staton and Creaser are planning a "Remembrance/Christmas 5K Run" at the beginning of December.



Service members from coalition forces and civilians deployed at KAF launch themselves forward at the start of the Zombie 5K Fun Run, hosted by the 25th Combat Aviation Brigade, Nov. 17.



#### CONTINUED FROM B-2

Other tree lighting ceremonies will be held at 6 p.m., Dec. 4, at Schofield's Generals Loop and at 6 p.m., Dec. 5, at Fort Shafter's Palm Circle. See MWR briefs or visit www.himwr.com.

Succulent Wreath-Making — Foster Botanical Garden, noon to 1:30 p.m., \$20. Create your own beautiful wreath to take home for the holidays. Reservations required, 522-7064.

#### 4 / Tuesday

Succulent Wreath-Making — Wahiawa Botanical Garden, 10 a.m. to noon, \$20. Create your own beautiful wreath to take home for the holidays. Reservations required, 522-7064.

Christmas In Honolulu
— Japanese Cultural Center,

Manoa Grand Ballroom, 4-8:30 p.m., free after 5 p.m., early entry donation. Featuring crafts and gifts. Call 734-3693.

#### **Ongoing**

Operation Postcards — Operation Postcards is a free service that allows anyone to send real, personalized postcards to active duty U.S. military personnel with an APO or FPO address. Visit www.operationpostcards.co m, select a photo, fill in the mailing address for any active U.S. service member with an APO or FPO designation, type a brief message, and then send it.

A real, personalized postcard will be delivered to the Soldier, Airman, Sailor or Marine in a matter of days, via the U.S. Postal Service.

Food for Families — ASYMCA at WAAF has an emergency food locker to assist military families in need. Call 624-5645.